

ADVENTURES

1) RISKS INHERENT TO THE ACTIVITY

The risks inherent to the activity of **dog sledding** in which I will participate are, in particular, but not limited to : **Injuries due to falls or other movements, (sprain, strain, fracture, etc.); Injuries with blunt or sharp object (branches, material, etc.); Cold or hypothermia. Injuries resulting from accidental or other contact between individuals; Food allergy; Contact with sled dogs and material, Inclement weather condition.**

2) ACCEPTATION OF RISKS

I am also aware that the activities offered by **ALAYUK ADVENTURES** take place in semi-wild or natural environments that, consequently, are quite distant from medical services. This state of affairs could result in long delays during an emergency requiring an evacuation and, as such, a possible aggravation of my state of health or my injury. Having taken cognizance of these risks and having had the opportunity to discuss them with a person responsible for the activity, I acknowledge that I was informed about the risks inherent to the activities and I am able to participate in the activity or the stay **WILLINGLY AND I ACCEPT ANY AND ALL RISKS THAT** such an activity or stay can comprise. I also pledge to play an active role in risk management by adopting a preventive behaviour with regards to my own safety, and the safety of the other persons that surround me. The guide reserves the right to exclude any person he/she deems to be a risk to himself/herself or to the rest of the group. I understand that I may leave the present activity for any reason whatsoever.

3) DISCHARGE OF LIABILITY

I hereby waive any claim I may have against ALAYUK ADVENTURES and any of its shareholders, directors, officers, servants, employees or agents and release them from all liability for any damage, costs, loss of income, expenses or other injury of any kind whatsoever arising out of injuries or damages sustained by me as a result of my participation in *dog sledding* whether such claim or liability arises by contract, by tort, in equity or by reason of a breach of a legal or statutory duty and whether or not such injury resulted from the negligence of any of them.

I, undersigned, forego to any claim, proceeding in damage or interest for damages to assets and material of my belonging (attrition, loss, breakage, theft, vandalism).

I have read and voluntarily sign this waiver and release agreement.

Name (in bloc letters): _____

Signature: _____

Date: _____

Parent signature if under 16 : _____

Parent name : _____

DOG SLEDDING INFORMATION AND QUESTIONNAIREInformation

Our half day is a 14 km (9 miles) tour. We have a short brake on the way back. When the dogs are ready to start, it takes about 1h30. The group size is maximum 6 people with 3 guides.

It is possible to choose between :

- 1) Driving his/her own 4 dog team all the way.
- 2) Driving a 6 dog team with 1 person sited in the sled. (Change possible during the brake).
- 3) Staying in the guide's sled. (Change possible during the brake).

For driving the sled, beginners are welcome if the trail (snow) conditions are good.

You need a good balance and you have to follow the guide's instruction. For example, if you ski, it is not difficult.

We recommend that you put warm clothes, warm underwear, warm parka, warm bib or winter pants, winter boots, toe and hand warmers. A hat (bunny) to protect your ears, a neck warmer (warm bandana) to protect your face, gloves and warm mitts.

Questionnaire

HEALTH PROFILE

Age _____ Allergies? YES / NO If yes, specify:.....
.....

Are you pregnant? _____

Taking medication? YES / NO If yes, specify medication name/dosage _____

Do you have physical, emotional or behavioural problems that could limit your participation in your chosen activity? Specify (ex. respiratory and/or cardiac problems, diabetes, vision or hearing/problems, fear of water / heights / dogs, limitation of movements, etc.) YES / NO If yes, specify:

N.B.: If you have answered YES to any questions in “Health Profile section”, YOU HAVE TO NOTIFY THE GUIDE.

Having discussed my medical condition with a person in charge at ALAYUK ADVENTURES, I agree and accept the additional risk that my health condition may be aggravated by participating in the activity.

Note : If you have flu or flu symptoms, you will not be accepted on our tour.

EQUIPMENT

If you need winter equipment, fill in the following :

Boots _____ Size _____

Parka _____ Size _____

Bib (Winter Pant) _____ Size _____

Preference

I would like to drive my own 4 dog team _____

I would like to drive a 6 dog team with my relative sited in the sled _____

I would like to stay in the guide's sled _____

Note : The guide will take the final decision, knowing the trail condition and the dogs.

Print Name : _____

Signature : _____

Date : _____